



asci
Leadership through Learning

ADMINISTRATIVE STAFF COLLEGE OF INDIA

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URL:<http://www.asci.org.in>

Hareesh Meppat
Programme Director

March 04, 2024

Programme on **Peak Effective Performance (PEP) Training**

Duration: 5 Weekdays of total 33 Hours

Administrative Staff College of India (ASCI) is pleased to announce the Programme on Peak Effective Performance (PEP) Training for Business Owners and Senior Leaders to be conducted at ASCI, Hyderabad.

PEAK EFFECTIVE PERFORMANCE (PEP) TRAINING is a training programme designed exclusively for the corporate sector and aims at transformation of professionals at a deep core level enabling them to deliver peak effective performance.

This 5 days training programme covers a wide range of topics spanning both personal growth and functional responsibilities. Post programme, the participants are remotely mentored for a period of six months through master mind impact groups created at the end of the programme. This ensures deeper internalization of the programme content in the participants for long lasting peak effective performance.

The participants, at the end of the programme will become both effective and efficient by learning to manage their health, emotions, thoughts and attitudes for managing the self efficiently and also learn skills to manage relationships and handle functional responsibilities at their workplace effectively. In short, an inner winner and an outer winner.

The programme is facilitated by Mr. Ramesh Partani, a dynamic leader and Managing Director of a listed public limited company in India, manufacturing and marketing technology products. With extensive experience in both business and leadership training with ASCI, Mr. Partani brings a unique blend of insight and vibrancy to his sessions. Known for his captivating expression and ability to weave real-life anecdotes into powerful learning moments, Mr. Partani fosters individual growth while driving organizational success. His sessions are not only informative but also engaging, filled with games, anecdotes, and humor to ensure an enriching experience for participants. The course material of the program consists of a book "The Complete Secret" authored by the facilitator and a work book consisting of self work exercises.

Please note that the nominees are required to carry with them the proof of Medical Insurance. The Sponsoring Agency is required to endorse the nominees Medical Coverage in the event of Hospitalization.

Cordially yours,

Hareesh Meppat

Encl: Programme Brochure and Nomination form

Programme on

PEAK EFFECTIVE PERFORMANCE (PEP) TRAINING

Duration: 5 Weekdays
of total 33 Hours



**BRING OUT THE BEST IN PEOPLE
FROM WITHIN THEMSELVES**

PEP
PEAK EFFECTIVE PERFORMANCE

Administrative Staff College of India

PROGRAMME OVERVIEW

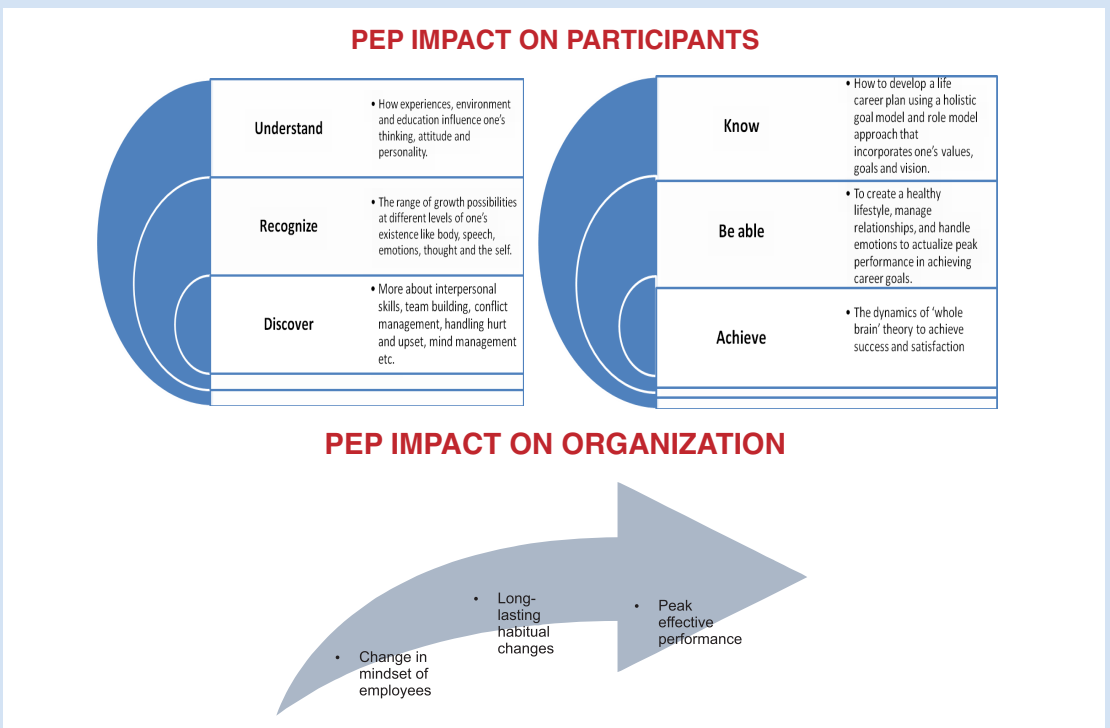
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OBJECTIVES

PEP works on the understanding that people's behavior is an expression of their attitudes, which in turn are a product of their core personality. PEP transforms the participants at a deep core level resulting in long lasting attitudinal and behavioral improvements.



PROGRAMME CONTENT

- Total Quality Individual
- Effective Communication
- Inter personal skills
- Catharsis
- Ashtanga Yoga
- Success recipe
- Creative visualization
- Decision making
- Creating Extreme Health
- Public speaking principles
- Emotional intelligence
- The value of innovation
- Mind management
- Quality and cost prudence
- Time management & prioritization.

METHODOLOGY

Interactive enquiry	
Lectures	
Experiments	
Introspection	
Self-work exercises	
Breathing exercises	
Group dynamics	
Role plays	
Process & Games	
Meditation	

KEY LEARNINGS

The participants, at the end of the programme will become both effective and efficient by learning to manage their health, emotions, thoughts and attitudes for managing the self efficiently and also learn skills to manage relationships and handle functional responsibilities at their workplace effectively. In short, an inner winner and an outer winner.

PARTICIPANT PROFILE

Programme is designed for Business Owners and Senior Leaders, and other Executives with Leadership and decision making responsibilities. Programme will also benefit professionals who are interested in improving their Leadership abilities to drive Organisational goals.

Organisational sponsorship is essential

VENUE

The programme is scheduled to be held at the ASCI campus located in Hyderabad. Participants will be accommodated in air conditioned single occupancy rooms, located either within the ASCI campus or in a nearby hotel arranged by ASCI. The college does not provide accommodation for the family.

PROGRAMME DURATION

The programme is designed to cover 33 hours of content over the course of 5 days.

The Peak Effectiveness Programme is scheduled to run once every quarter, with sessions planned on the following dates:

1st Quarter Programme	06-10 May, 2024	2nd Quarter Programme	22- 26 July, 2024
3rd Quarter Programme	18-22 November, 2024	4th Quarter Programme	20- 24 January, 2025

PROGRAMME FEE

The fee for the 5-day programme is **Rs.69,500/-** per participant (plus GST as applicable, presently 18% per participant).

(The fee is inclusive of all reading material, PowerPoint presentations and hands-on exercises which will be conducted during the course. Besides, ASCI will offer a life-time membership card on completion of the course through which they can have access to the library at Hyderabad.)

Note: The fee must be credited into our Bank account on or before **April 15, 2024**. Kindly forward us the details of Bank/Wire transfer of fee payment to **poffice@asci.org.in** for confirmation.

Bank details are given below:

For Indian Participants:

Bank Account Number 62090698675
Beneficiary Name Administrative Staff College of India
IFSC Code SBIN0020063
Bank Name State Bank of India
Branch Address Bellavista Branch, Raj Bhavan Road,
Somajiguda, Hyderabad - 500 082

For Foreign Participants:

Bank Account Number 62090698675
Beneficiary Name Administrative Staff College of India
Swift Code SBININBB327
Bank Name State Bank of India
Branch Address Bellavista Branch, Rajbhavan Road,
Somajiguda, Hyderabad - 500 082
Country India

LAST DATE FOR NOMINATION

Please use the prescribed/attached form. Last date for receiving nomination form is **April 15, 2024**. Kindly contact Programmes Officer for further details (contact details are given at the end of the nomination form).

LAST DATE FOR WITHDRAWAL

April 22, 2024. Any withdrawals after this date will entail forfeiture of fee paid, if any.

ASCI ALUMNI ASSOCIATION

Participants of the College Programmes will automatically become members of the ASCI alumni association.

CERTIFICATE OF PARTICIPATION

The College issues a Certificate of Participation on conclusion of the Programme.

Programme Director

Hareesh Meppat

e-mail: hareesh@asci.org.in

Programme Facilitator

Mr. Ramesh Partani



Mr Ramesh Partani, a post graduate in electronics, is an international spiritual and management trainer, passionate educationalist, coach, counsellor and consultant with decades of experience in Human Resource development and behavioural science. A conscious social leader, He is also the founder of 'Kaushalya global school' and online 'Kaushalya genius kid' program employing cutting edge technology for creating genius children. He has conducted over 3500 highly rated workshops for senior executives within the country and abroad.

Mr. Partani, hailing from a business background, nurtures individual growth while delivering impactful sessions filled with real-life examples and engaging activities, fostering profound learning experiences.

Administrative Staff College of India (ASCI) is taking all the precautionary measures and following all the norms (in light of COVID 19) to provide a safe environment for the participants who are visiting our Campus to attend the Training Programmes.



Administrative Staff College of India

Bella Vista, Raj Bhavan Road, Khairatabad,
Hyderabad - 500 082, India.

Telefax (Programmes Office) : 0091-40-23324365

Mobile: 9246203535, Phone : 0091-40-66534247

Fax : 0091-40-66534356

College Park Campus

Road No. 3, Banjara Hills,
Hyderabad - 500 034.

Tel: 040-66720700 / 01 /02 /05

Fax : 040-66720725

Delhi Campus

C-24, Institutional Area

South of IIT, Behind Qutub Hotel

New Delhi-110 016.

Tel: 011-26962204, 26961750, 26961850



Nomination Form

Programme on

Peak Effective Performance (PEP) Training

Duration: 5 Weekdays of total 33 Hours

Nominee's Contact Information :

Name (Mr/Ms) :	_____	Date of Birth :	_____
Designation :	_____	Qualification :	_____
Organisation :	_____		
Address :	_____		
Phone(s) :	(Off) : _____	(Mobile) :	_____ Home : _____
e-mail :	_____	Fax :	_____

Sponsor's Details

Name of the Sponsoring Authority _____	Designation _____
Organisation :	_____
GSTIN :	_____
Address :	_____
	_____ Pincode : _____
Phone(s) :	(Off) : _____ (Mobile) : _____
e-mail :	_____ Fax : _____

Fee Particulars

Amount Payable :	_____	Mode of Payment (DD/Chq/NEFT) :	_____
Name of the Bank :	_____	Date of Instrument/Transfer :	_____
Instrument Number :	_____	UTR Number for NEFT :	_____

Medical Insurance

Name of the Insurance Agency	Policy Number	Validity upto
Note : Coverage should be available in Hyderabad, India		

Signature and Official Seal of the Sponsoring Authority :

NOTE : Forward nomination form to : **Mr. G. Sreenivasa Reddy, Programmes Officer**, Administrative Staff College of India, Bella Vista, Hyderabad-500 082. Phone : 0091-40-66534247, 66533000, Mobile: 9246203535, Fax : 0091-40-66534356, e-mail: poffice@asci.org.in