

Programme on

People Management Through Emotional Intelligence

(January 07-09, 2026)



Administrative Staff College of India
(accredited as उत्कृष्ट by Capacity Building Commission, GoI)

PROGRAMME OVERVIEW

People Management through Emotional Intelligence is designed to help professionals leverage emotional intelligence (EI) for effective team and people management. Rooted in the Karmayogi Model, the programme fosters self-awareness, continuous learning, and behavioural transformation, equipping participants to become empathetic and effective leaders. Participants will apply EI principles in real-world scenarios through interactive sessions and practical exercises, cultivating a positive and productive work environment.

OBJECTIVES

- ▶ Understand Emotional Intelligence Principles to enhance leadership effectiveness and people management skills.
- ▶ Build self-awareness and emotional regulation to improve decision-making.
- ▶ Enhance empathy and communication to strengthen team collaboration and leadership impact.
- ▶ Develop conflict resolution strategies by applying emotional intelligence to workplace challenges.
- ▶ Create positive and inclusive work environments that foster team resilience and adaptability.
- ▶ Strengthen emotional resilience to enhance well-being and leadership capabilities in high-pressure situations.
- ▶ Improve decision-making by utilising emotional intelligence to promote ethical management practices.
- ▶ Foster continuous learning and growth to develop a future-ready workforce through adaptability and engagement.

CONTENT

Day 1: Introduction to Emotional Intelligence

- ▶ Understanding self-awareness and emotional regulation
- ▶ Exploring EI's impact on leadership
- ▶ Recognizing and interpreting others' emotions

Day 2: Communication, Empathy & Conflict Resolution

- ▶ Strengthening communication within teams

- ▶ Psychometric assessments for self and team insights
- ▶ Negotiation and conflict resolution using EI
- ▶ Case studies and role-playing exercises

Day 3: Building Emotionally Intelligent

Organizations

- ▶ Developing resilience and stress management techniques
- ▶ Relationship management for leadership success
- ▶ Action planning and feedback for sustained learning

METHODOLOGY

The programme employs a dynamic and immersive learning approach, including:

- ▶ Interactive lectures
- ▶ Real-world case studies
- ▶ Experiential learning activities
- ▶ Role-play exercises
- ▶ Self-assessments and group discussions
- ▶ Hands-on problem-solving sessions

FACULTY PROFILE

Dr Tanusree Chakraborty, a distinguished leadership development and behavioural sciences expert, leads the programme. With extensive experience in executive education, she has designed and delivered numerous training programmes for professionals navigating complex organisational challenges. In addition to Dr Chakraborty, renowned industry and academic experts will contribute diverse insights, ensuring a comprehensive learning experience.

PARTICIPANT PROFILE

This programme is ideal for mid-level managers, team leaders, and senior professionals across functional areas seeking to enhance their people management skills through emotional intelligence, self-awareness, and continuous growth.

Organisational sponsorship is essential

VENUE

The programme is fully residential and the participants will be accommodated in air conditioned single occupancy rooms. The college does not provide accommodation for the family. The college is Wi-Fi enabled in a comprehensive way.

DURATION

The programme duration is 3 days starting from **January 07-09, 2026**. The participants are expected to arrive a day before commencement and may leave after the conclusion of the programme.

PROGRAMME FEE

Residential Fee: Rs. 43,700/- (US \$683 for foreigners) plus GST as applicable (presently 18%) per participant. The fee covers tuition, board and lodging, courseware (in electronic form) and other facilities of the College including internet usage.

Non-Residential Fee: Rs. 37,700/- plus GST as applicable (presently 18%) per participant. The fee covers tuition, course ware (in electronic form) working lunch and other facilities of the College including internet usage.

A discount of 10% on the Programme fee for three or more participants from the same organisation will be given, provided the payment is credited into our Bank account before **January 05, 2026**.

Note: Kindly forward us the details of Bank / Wire transfer of fee payment indicating the Programme Code (Prog/25-26/1/42) e-mail: to poffice@asci.org.in for confirmation.

Bank details are given below:

For Indian Participants :

Bank Account Number	62090698675
Beneficiary Name	Administrative Staff College of India
IFSC Code	SBIN0020063
Bank Name	State Bank of India
Branch Address	Bellavista Branch, Raj Bhavan Road, Somajiguda, Hyderabad - 500 082

For Foreign Participants:

Bank Account Number	62090698675
Beneficiary Name	Administrative Staff College of India
Swift Code	SBININBB327
Bank Name	State Bank of India
Branch Address	Bellavista Branch, Rajbhavan Road, Somajiguda, Hyderabad - 500 082.
Country	India

MEDICAL INSURANCE

The nominees are requested to carry with them the proof of Medical Insurance. The sponsoring agency is required to endorse the nominees' medical coverage in the event of hospitalisation.

LAST DATE FOR NOMINATION

Please use the prescribed/attached form. Last date for receiving nominations is **December 31, 2025**. Kindly contact Programmes Officer for further details (contact details are given at the end of the nomination form).

LAST DATE FOR WITHDRAWAL

January 03, 2026. Any withdrawals after this date will entail forfeiture of fee paid, if any.

ASCI ALUMNI ASSOCIATION

Participants of the College programmes will automatically become members of the ASCI alumni association.

CERTIFICATE OF PARTICIPATION

The College issues a Certificate of Participation on conclusion of the programme.

Programme Director

Dr Tanusree Chakraborty

Email: tanusree@asci.org.in

Administrative Staff College of India (ASCI) is taking all the precautionary measures and following all the norms (in light of COVID 19) to provide a safe environment for the participants who are visiting our Campus to attend the Training Programmes.



ABOUT ASCI

ASCI is the first management development institution set up in the country at the instance of the Government of India and industry in 1956 to impart state-of-the-art management education for practicing managers, a legacy that we proudly take forward with a strong alumni of over 1,76,500. We are proud of our alumni which includes the leaders of Indian industry and senior Civil Servants in the government, public sector undertakings to be a part of this unique organisation. We are thankful to you all for the support extended in the past and look forward to your continuing patronage in 2025-26.

Also, ASCI conducts customized programmes for Government of India, State Governments, Public Sector, Private Sector and various international organisations. Our experienced faculty bring to the table a wealth of academic credentials, rich industry exposure and act as a catalyst in the classroom discussions, case study analyses and tutorials. Our faculty also conduct international programmes which provide an exposure to the global best practices. In addition to this, faculty at ASCI also carry out large number of management research activities (typically about 100 each year) which helps them provide the much needed value addition in the training programmes. In addition, we conduct non-residential programmes at our New Delhi Centre as well as off-campus programmes at the venue of the client's choice.



Administrative Staff College of India

Bella Vista, Raj Bhavan Road, Khairatabad,
Hyderabad - 500 082, India.

Telefax (Programmes Office) : 0091-40-23324365

Mobile: 9246203535, Phone : 0091-40-66534247

Fax : 0091-40-66534356

College Park Campus

Road No. 3, Banjara Hills,
Hyderabad - 500 034.

Tel: 040-66720700 / 01 /02 /05

Fax : 040-66720725

Delhi Campus

C-24, Institutional Area
South of IIT, Behind Qutub Hotel
New Delhi-110 016.

Tel: 011-26962204, 26961750, 26961850

Nomination Form

Programme on

People Management Through Emotional Intelligence

(January 07-09, 2026)

Nominee's Contact Information :

Name (Mr/Ms) :	_____	Date of Birth :	_____
Designation :	_____	Qualification :	_____
Organisation :	_____		
Address :	_____		
Phone(s) :	(Off) : _____	(Mobile) :	_____
e-mail :	_____	Fax :	_____

Sponsor's Details

Name of the Sponsoring Authority _____	Designation _____
Organisation :	_____
GSTIN No. :	_____
Address :	_____
	Pincode : _____
Phone(s) :	(Off) : _____ (Mobile) : _____
e-mail :	_____ Fax : _____

Fee Particulars

Amount Payable :	Mode of Payment (DD/Chq/NEFT) :
Name of the Bank :	Date of Instrument/Transfer :
Instrument Number :	UTR Number for NEFT :

Medical Insurance

Name of the Insurance Agency	Policy Number	Validity upto

Note : Coverage should be available in Hyderabad, India

Signature and Official Seal of the Sponsoring Authority :

NOTE : Forward nomination form to : **Mr. G. Sreenivasa Reddy, Programmes Officer**, Administrative Staff College of India, Bella Vista, Hyderabad-500 082. Phone : 0091-40-66534247, 66533000, Mobile: 9246203535, Fax : 0091-40-66534356, e-mail: poffice@asci.org.in